

# Do you have a Competent Person or just a competent intention?

## Your Legal Duty

Under the Management of Health and Safety at Work Regulations 1999, every organisation must appoint a Competent Person to help them meet their health and safety duties.

### 5 Signs Your Setup Might Not Be Enough

- There's no named Competent Person on your documentation
- Your H&S lead is untrained, part-time, or has recently left
- Responsibility is shared but not clearly owned
- You're preparing for an audit, tender or HSE inspection
- You're not sure your setup would hold up under scrutiny



## What a Competent Person Is and Isn't

### A Competent Person is:

- Trained, experienced, and capable of giving expert safety advice
- A source of structure, clarity, and sensible risk guidance
- Someone who improves safety culture not just signs forms

### A Competent Person is not:

- Just "someone who's always handled it"
- A name added for compliance optics
- Passive. This is an active role tied to leadership, not admin

## How Ligtas Can Help

We offer flexible, tailored Competent Person support designed around your organisation's needs including:

- A named consultant for your documentation
- Gap analysis, audits, and risk reviews
- Help with policies, assessments, and compliance tracking
- Mentorship for internal leads or new appointees
- Interim cover or long-term partnership; you choose

### Want a second opinion? Let's talk.

We've supported everyone from SMEs to global brands with clear, grounded safety leadership. If you're not sure you're covered we'll help you find out, with no pressure.

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